

MainerWhey™ Protein Supplements



Not just for body builders!

They are for **you** and **me** and **everyone**.

Our muscle mass decreases over time, usually due to lack of exercise, eating processed foods, and normal aging. As muscle mass decreases, our weight increases, contributing to metabolic disease and overall poor health. The key to controlling weight gain and health is to have metabolically active, lean muscle mass.

MainerWhey™ focuses on energy balance, hunger control, metabolism balance and muscle building

These are health concerns no matter what your age is

It works like this:

1. Protein builds muscle
2. Muscle burns fat and gives you more energy
3. More energy allows you to exercise more often
4. More exercise builds muscle

MainerWhey...

Builds muscle
Controls hunger
Boosts energy

...the healthy way!

Why MainerWhey™ ?

Free of harmful products such as ephedra, unknown and poorly tested plant extracts, cardiac stimulants, psychomotor stimulants, and all known steroids

Builds muscles, controls hunger, boosts energy

All natural ingredients at effective strengths

No negative effects on insulin spiking

Designed for different age groups

Olympic Safe!

About Maine Natural Health

At Maine Natural Health, we apply science and medicine to the design and production of safe and effective nutraceuticals.

Maine Natural Health was founded in 2005 by pharmaceutical and biotechnology industry executive Dr. Jeff Leighton, former Principal Scientist at Burroughs Wellcome and Vice President of Research at Glaxo with worldwide responsibility for cardiovascular and metabolic diseases.

This same training in chemistry, pharmacology, and medicine that brought some of the world's leading pharmaceutical products to millions of people is applied to the Maine Natural Health product line.

Dr. Leighton also consults widely for the pharmaceutical industry (www.leightonassociates.org)

All products are evaluated for human benefit by the Natural Products Research Institute of New England®



Applying Science and Medicine
to Natural Products

Maine Natural Health 825 Atlantic Highway, Warren, Maine 04864 **800.797.2021** fax: **207.273.8043**
www.mainenaturalhealth.com