

OmegaMaine™ Omega-3 Natural Oils



"THE DOSE YOU NEED WITH THE TASTE YOU WANT"

What is Omega-3?

An essential fatty acid that is vitally important to human health.

Helps keep your heart healthy, your brain active, your skin supple, and your body flexible.

Not manufactured by the body and must be obtained through food or supplements.

The main Omega-3 fatty acids are called:

Alpha-linolenic acid (ALA)

Eicosapentaenoic Acid (EPA)

Docosahex-aenoic Acid (DHA)

The latter two have the greatest effect on the heart, skin, joints, and brain. High quality natural oils will contain an approximately equal mix of EPA and DHA.

OmegaMaine™ fights harmful Omega-6 fatty acids

A healthy diet must include a balance of Omega-3 fatty acids and Omega-6 fatty acids.

Omega-6 polyunsaturated fats are everywhere in today's western diet. Corn oil, soybean oil, chicken fat, and many other common ingredients have large amounts of Omega-6 fatty acids. We are eating more and more foods with high Omega-6 levels and fewer and fewer Omega-3 rich foods. Improving this imbalance can lead to cardiovascular health, a stronger immune system and a healthier inflammation response in the body.

Natural Omega-3 oils such as **OmegaMaine™** actually compete with harmful Omega-6 oils. High-grade oils can deliver the right balance of Omega-3 oils to improve your health. And, unlike gel caps, the **OmegaMaine™** liquid form is formulated for optimal rapid absorption by the body.

Do your body a favor and make sure you get your Omega-3!

OmegaMaine™ contains multiple omega-3 oils and can help with:

- arthritic symptoms
- skin care
- cardiovascular health
- general brain health
- women's health
- gum health
- other health problems associated with inflammation

About Maine Natural Health

At Maine Natural Health, we apply science and medicine to the design and production of safe and effective nutraceuticals.

Maine Natural Health was founded in 2005 by pharmaceutical and biotechnology industry executive Dr. Jeff Leighton, former Principal Scientist at Burroughs Wellcome and Vice President of Research at Glaxo with worldwide responsibility for cardiovascular and metabolic diseases.

This same training in chemistry, pharmacology, and medicine that brought some of the world's leading pharmaceutical products to millions of people is applied to the Maine Natural Health product line.

Dr. Leighton also consults widely for the pharmaceutical industry (www.leightonassociates.org)

All products are evaluated for human benefit by the Natural Products Research Institute of New England®



OmegaMaine™ tastes great!

Fish oils do not have to taste fishy. That fish taste comes from air oxidation. Because we prepare our oils in an oxygen-free environment, they have "**ZFT**": zero fish taste!

In addition, we add all natural, wheat and gluten free flavorings to our oils to give you more variety. Try tangerine, mint, lemon, chocolate or vanilla in addition to our original natural flavor and see which one you like best.

Our oils are bottled in containers that block oxygen and light to maintain optimal freshness.

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www.mainenaturalhealth.com